Couples and Family Therapy Courses

Courses

CFT 401. Research: [Topic]. 1-5 Credits. Repeatable.
CFT 407. Seminar: [Topic]. 1-5 Credits. Repeatable.
CFT 410. Experimental Course: [Topic]. 1-5 Credits. Repeatable.
CFT 503. Thesis. 1-16 Credits. Repeatable.
CFT 507. Seminar: [Topic]. 1-5 Credits. Repeatable.
CFT 510. Experimental Course: [Topic]. 1-5 Credits. Repeatable.
CFT 601. Research: [Topic]. 1-16 Credits. A current topic is Methods.
CFT 604. Internship: [Topic]. 1-9 Credits. Repeatable.
CFT 605. Reading and Conference: [Topic]. 1-16 Credits. Repeatable.
CFT 606. Practicum: [Topic]. 1-16 Credits. Repeatable.
CFT 607. Seminar: [Topic]. 1-5 Credits. Repeatable.
CFT 608. Workshop: [Topic]. 1-16 Credits. Repeatable.
CFT 609. Terminal Project. 1-12 Credits. Repeatable.
CFT 610. Experimental Course: [Topic]. 1-5 Credits. Repeatable.
CFT 612. Parenting Interventions. 3 Credits. Examines evidence-based practices for parenting children and adolescents, including trauma-focused parenting strategies.
CFT 626. Relational Sex Therapy. 3 Credits. Increases understanding and clinical abilities for working with couples; special emphasis on the role of intimacy and sexual relationships.
CFT 627. Advanced Theories in Relational Therapy. 4 Credits. Studies theories and models of couples and family therapy; self-evaluation of clinical work. Examines integration, specifically the "metaframeworks" model, solution-focused therapy, and emotionally focused therapy.
CFT 628. Addiction and Recovery. 4 Credits. Increases the conceptual understanding and skills of family therapists working with contemporary issues; emphasis on addictions and addiction recovery.
CFT 629. Intimate Partner Therapy. 4 Credits. Application of systems theory to problems within relationships and their resolution. Includes research findings, assessment, motivation, change, content and process, ethics, and social-macro considerations.
CFT 640. Beginning Practicum. 3 Credits. Provides basic clinical skills for initial work with client systems including intake and consent procedures, clinical assessment, treatment planning, and risk assessment.

CFT 615. Introduction to Marriage Family Therapy. 3 Credits. Surveys the distinct disciplines of marriage and family therapy.
CFT 616. Systems Theory Foundations. 3 Credits. Surveys macro theories and their relationship to families and family therapy with emphasis on systems, communications, and ecological theories.
CFT 620. Mental Health and Diagnosis. 3 Credits. Study of maladaptive behavior, treatment, and prevention emphasizing the integrative contributions of biological, behavior, cognitive, psychodynamic, humanist-existential, and community perspectives, including the "Diagnostic and Statistical Manual of Mental Disorders."
CFT 625. Violence, Trauma, and Healing. 4 Credits. Theories and research on the acceleration and cessation of violence in the family and assessment of responses to violent family behaviors and to perpetrators, survivors, and families.