

# Child Behavioral Health (BEEd)

The child behavioral health major provides students with knowledge and skills to improve the behavioral health and wellness of youth. Students will learn how to equitably deliver evidence-based interventions to promote wellness and prevent mental health problems from developing or worsening in children and adolescents. Training elements typically present in graduate degree programs have been brought into this innovative undergraduate major. Students will receive training in applied skills such as relaxation, problem-solving, and flexible thinking; gain 700 hours of applied practice in community settings supervised by clinical faculty; and learn how to effectively work as part of a behavioral health team.

The major is designed as a 2 + 2 program with the first two years focused on the completion of core education requirements and pre-major core curriculum. The latter two years involve specialized coursework and applied practical experiences completed at the Ballmer Institute at the University of Oregon Portland.

Students interested in the Child Behavioral Health major should declare the pre-major in Child Behavioral Health.

To progress to the Child Behavioral Health major offered at UO Portland, students must apply. Each November, the admission application opens for the next cohort. Students who meet the priority deadline receive full consideration. Applications received after the priority deadline are accepted based on program capacity. More information about the admission process can be found here: <https://childrensbehavioralhealth.uoregon.edu/undergraduate-admissions>.

## Program Learning Outcomes

Upon successful completion of this program, students will be able to:

- Demonstrate knowledge of evidence-based approaches to early identification of behavioral health concerns and exhibit competence in administration, scoring, and interpretation of behavioral health screening tools.
- Demonstrate knowledge of evidence-based behavioral health promotion supports and exhibit competence in delivering these supports to youth and families.
- Demonstrate knowledge of evidence-based strategies that address youth behavioral health challenges and exhibit competence in delivering these interventions to youth and families.
- Demonstrate ability to evaluate and respond to behavioral health risk, identify youth and families who require referral, and engage in appropriate consultation and referral practices.
- Demonstrate knowledge of behavioral health disparities and engage in culturally responsive and inclusive practices in delivering early identification, promotion, prevention, and intervention practices to youth and families, particularly those from historically underserved communities.
- Demonstrate professionalism across service settings, including understanding of professional ethics and ability to work with other professionals.

Courses used to satisfy pre-major and major requirements must be completed for a letter grade and passed with a grade of C# or higher,

unless Pass/No Pass is the only grading option available for the course, in which case a Pass (P\*) is acceptable. Credit earned through Advanced Placement (AP) or International Baccalaureate (IB) examinations is also acceptable with a P\* designation.

## Child Behavioral Health Major Requirements

Code	Title	Credits
<b>Pre-Major Courses</b>		
Psychology/Human Services: Choose One		
PSY 202Z	Introduction to Psychology II	4
	or FHS 215 Exploring Family and Human Services	
	or FHS 213 Issues for Children and Families	
	or PPPM 202 Healthy Communities	
Human Development: Choose One		
PSY 308	Developmental Psychology	4
	or FHS 228 Human Development in the Family Context	
<b>Foundational Skills and Professional Practice</b>		
BEHT 320	Youth Risk and Resilience	3
BEHT 340	Clinical Decision in Child Behavioral Health	4
BEHT 411	Foundational Skills for Behavioral Health	4
BEHT 412	Ethics and Professional Practice for CBHS	4
BEHT 413	Youth Screening and Risk Assessment	4
BEHT 405	Reading and Conference: [Topic] (Professional Development and Wellness)	6
	<sup>1</sup>	
<b>Applied Practice Series: Behavioral Health Promotion</b>		
BEHT 421	Behavioral Health Promotion I	4
BEHT 423	Behavioral Health Promotion III	4
<b>Applied Practice Series: Prevention and Intervention</b>		
BEHT 471	Child Behavioral Health Prevention and Intervention I	4
BEHT 472	Child Behavioral Health Prevention and Intervention II	4
BEHT 473	Parenting Interventions	4
BEHT 476	Interprofessional Collaboration and Consultation	4
<b>Culturally Responsive &amp; Inclusive Practices</b>		
BEHT 350	Foundations of Culturally Responsive Practice	4
BEHT 324	Trauma Informed Supports	4
BEHT 352	Inclusive Practices I	3
BEHT 454	Inclusive Practices II	3
<b>Supervised Practicum Experiences</b>		
BEHT 406	Practicum: [Topic] (Supervised Practicum)	6
BEHT 404	Internship: [Topic] (Integrated Practice)	21
<b>Total Credits</b>		<b>98</b>

<sup>1</sup> Students need to take one credit each term.

## Bachelor of Education in Child Behavioral Health

The Child Behavioral Health program follows a 2+2 structure, with the final two years completed at the Ballmer Institute on the UO Portland campus. Because the program is cohort-based, students are strongly

encouraged to meet with an advisor at the Ballmer Institute to ensure accurate understanding of program requirements and to stay on track for timely degree completion. For more information, visit the website (<https://childrensbehavioralhealth.uoregon.edu/academic-advising>).

## Sample Degree Plan Below

Course	Title	Credits	Milestones
<b>First Year</b>			
<b>Fall</b>			
	Cultural literacy course in global perspective	4	
PSY 202Z	Introduction to Psychology II	4	
or	or Exploring Family and Human Services		
FHS 215			
	Core-education in arts and letters	4	
	Elective Course	3	
<b>Credits</b>		<b>15</b>	
<b>Winter</b>			
WR 121Z	Composition I	4	
	Core-education course in social science	4	
	Elective Course	4	
	Elective Course	3	
<b>Credits</b>		<b>15</b>	
<b>Spring</b>			
WR 122Z	Composition II	4	
FHS 228	Human Development in the Family Context	4	
or	or Developmental Psychology		
PSY 308			
	Core-education in science	4	
	Elective Course	3	
<b>Credits</b>		<b>15</b>	
<b>Second Year</b>			
<b>Fall</b>			
	Core-education course in arts and letters	4	
	Core-education in science	4	
	Elective Course	4	
	Elective Course	3	
<b>Credits</b>		<b>15</b>	
<b>Winter</b>			
	Core-education course in social science	4	
	Core-education in social science	4	
	Elective Course	4	
	Elective Course	3	
<b>Credits</b>		<b>15</b>	
<b>Spring</b>			
	Core-education course in science	4	
	Core-education course in arts and letters	4	
	Elective Course	4	
	Elective Course	3	
<b>Credits</b>		<b>15</b>	
<b>Third Year</b>			
<b>Fall</b>			
BEHT 350	Foundations of Culturally Responsive Practice	4	
<b>BEHT 411</b>			
BEHT 411	Foundational Skills for Behavioral Health	4	
<b>BEHT 412</b>			
BEHT 412	Ethics and Professional Practice for CBHS	4	
<b>BEHT 413</b>			
BEHT 413	Youth Screening and Risk Assessment	4	
<b>BEHT 405</b>			
BEHT 405	Reading and Conference: [Topic] (Professional Wellness & Development )	1	
<b>Credits</b>		<b>17</b>	
<b>Winter</b>			
BEHT 320	Youth Risk and Resilience	3	
BEHT 421	Behavioral Health Promotion I	4	
BEHT 471	Child Behavioral Health Prevention and Intervention I	4	
BEHT 406	Practicum: [Topic] (Supervised Practicum I)	3	
BEHT 405	Reading and Conference: [Topic] (Professional Wellness & Development )	1	
<b>Credits</b>		<b>15</b>	
<b>Spring</b>			
BEHT 324	Trauma Informed Supports	4	
BEHT 472	Child Behavioral Health Prevention and Intervention II	4	
BEHT 476	Interprofessional Collaboration and Consultation	4	
BEHT 406	Practicum: [Topic] (Supervised Practicum II)	3	
BEHT 405	Reading and Conference: [Topic] (Professional Wellness & Development )	1	
<b>Credits</b>		<b>16</b>	
<b>Fourth Year</b>			
<b>Fall</b>			
BEHT 473	Parenting Interventions	4	
BEHT 404	Internship: [Topic] (Integrated Practice I)	7	
BEHT 405	Reading and Conference: [Topic] (Professional Wellness & Development )	1	
<b>Credits</b>		<b>12</b>	
<b>Winter</b>			
BEHT 423	Behavioral Health Promotion III	4	
BEHT 352	Inclusive Practices I (Inclusive Practice I)	3	
BEHT 404	Internship: [Topic] (Integrated Practice II)	7	
BEHT 405	Reading and Conference: [Topic] (Professional Wellness & Development )	1	
<b>Credits</b>		<b>15</b>	
<b>Spring</b>			
BEHT 340	Clinical Decision in Child Behavioral Health	4	
BEHT 454	Inclusive Practices II	3	

BEHT 404	Internship: [Topic] (Integrated Practice III)	7
BEHT 405	Reading and Conference: [Topic] (Professional Wellness & Development )	1
<b>Credits</b>		<b>15</b>
<b>Total Credits</b>		<b>180</b>