Food Studies Minor

The minor in food studies gives students the opportunity to learn more about food and its central place in the human experience. Students take courses in a wide variety of disciplines, such as anthropology, history, environmental science, and human physiology. They also gain practical experience outside the classroom. Because food itself plays such a central role in the life and well-being of communities, the food studies minor promotes students’ civic engagement.

Program’s Admission Requirements

Please visit the program’s website (https://foodstudies.uoregon.edu/people/undergraduate-minor-in-food-studies/).

Minor in Food Studies

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Credits</th>
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<tbody>
<tr>
<td>ENVS 225</td>
<td>Introduction to Food Studies</td>
<td>4</td>
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<tr>
<td>ANTH 220</td>
<td>Introduction to Nutritional Anthropology</td>
<td>4</td>
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<tr>
<td>or ANTH 248</td>
<td>Archaeology of Wild Foods</td>
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<tr>
<td>or HPHY 105</td>
<td>Principles of Nutrition</td>
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<tr>
<td>HIST 215</td>
<td>Food in World History</td>
<td>4</td>
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<tr>
<td>or HUM 245</td>
<td>Food, Art, and Literature</td>
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<tr>
<td>or PHIL 220</td>
<td>Food Ethics</td>
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</tbody>
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Elective Courses 8

- ANTH 110  Introduction to Traditional Ecological Knowledge
- ANTH 248  Archaeology of Wild Foods
- ANTH 329  Immigration and Farmworkers
- ANTH 330  Hunters and Gatherers
- ANTH 341  Food Origins
- ANTH 365  Food and Culture
- ITAL 306  La cultura culinaria
- LA 390  Urban Farm
- RL 151  Mediterranean Foodways

Capstone Seminar 4

- ASIA 425  Asian Foodways
- EDST 450  Food and Schools
- ENVS 467  Sustainable Agriculture
- FLR 415  Folklore and Foodways
- GEOG 468  Contemporary Food Systems
- LA 429  Civic Agriculture
- SOC 416  Issues in Environmental Sociology [Topic]

Total Credits 24

Additional Requirements

- The minor requires 24 graded credits (6 courses) from approved courses, at least twelve of which must be upper-division courses.
- Letter grades of C- or better must be earned in all courses applied to the minor.
- Students can count up to two upper-division courses from their major department.
- Students are required to take at least one 400-level course or capstone seminar.
- No more than three courses with the same subject heading will count for the minor (including ENVS).
- Food-related UO Study Abroad courses apply to the minor. Programs | Global Education Oregon (uoregon.edu) (https://geo.uoregon.edu/programs/)